





Tell staff about your medicines

Tell staff about your medicines. Explain how you use them and why. This helps them understand your health and how to support you. You can also ask them for advice if you are unsure about your medicines.

Take your medicines as you are told. Do not stop taking them without talking to your healthcare professional. If you have any problems, ask for help. You can also ask for help if you are unsure about your medicines.

Ask your healthcare professional if you are unsure about your medicines. They can help you understand how to use them and why. They can also help you if you have any problems.

Ask if you don't understand your medicines

Ask a member of staff:

Can you help me understand my medicines? I don't understand what you have said. Can you explain it to me in a different way? I don't understand what you have said. Can you explain it to me in a different way?

A a a a d
af e e e e
a d bef ea ea .



**This leaflet was produced by the NHS England
National Patient Safety Team**